



ଅରୁଣିମା

ARUNIMA

33rd FOUNDATION DAY

JPM ROTARY CLUB OF CUTTACK

Eye Hospital & Research Institute, Cuttack, Odisha

**MEMBER OF MANAGING COMMITTEE OF
JPM ROTARY CLUB OF CUTTACK EYE HOSPITAL
& RESEARCH INSTITUTE
FOR THE YEAR 2024-25**

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Sr. I Sashikanta Das

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Dr. Santosh Ku. Mahapatra

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Dr. Nidhi Sinha
Dr. Smruti Ranjan Dethi
Dr. Shweta Dhiman
Dr. Kshirabdhi Tanaya Sahoo
Dr. Kasturi Mohapatra
Dr. Sasmita Khatua

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Dr. Smruti Ranjan Dethi
Chief Editor



Dr. Shraddha Shataparba
Co - Editor

From the Editor's Desk

With great pleasure and contentment, we put forward the editorial note for 'Arunima', the annual magazine of our esteemed institute. Since its birth in 1994, the first exclusive eye hospital of Odisha has been marching forward with great spirit and enthusiasm. Like the soft glow of Arunima gets brighter and more energetic by mid noon, so is JPM Rotary Eye Hospital and Research Institute.

We are thankful to President sir, esteemed chief guest and our Chief Medical Officer for their valuable articles. We also extend our gratitude to all the doctors, paramedical and administrative staff who have enriched this magazine.

Arunima signifies the soft, warm brilliance of sunrise, symbolizing hope, new beginnings and prosperity. As another new year makes its beginning, we hope the hospital along with its annual magazine start their journey with a new spirit.

Let us all pledge for a blindness free society in whatever ways we can.

Tamaso ma jyotirgamaya!



Prof. (Dr.) Manash Ranjan Sahoo

Vice Chancellor of
Odisha University of Health Sciences
(OUHS)

I am pleased to extend my good will and warm greetings to the JPM Club Cuttack Eye Hospital & Research Institute for hosting the 33rd Annual Day Function, which is scheduled to take place on 14th January (Tuesday), 2025. This prestigious function, taking place is a momentous occasion that brings together Eye Specialists, Clinicians scientists of high repute, medical professionals, experts, researchers and practitioners including in the fields of Eye care and going to publish of the Magazine "Arunima" on the occasion.

I express my heartfelt appreciation to the organizers for their efforts in bringing together the brightest minds in the field. I am confident that this conference will be a great success and will serve as an important step in furthering advancements in Eye care.

I send my best wishes to the members and office bearers of the 33rd Annual Day Function of JPM Club Cuttack Eye Hospital & Research Institute, Cuttack on this joyous occasion and wish the celebration and publication of the Magazine "Arunima" al success.

MR Sahoo
10/1/25

Prof. (Dr.) Manash Ranjan Sahoo



PRESIDENT'S ADDRESS

Rtn. PP. Devashis Panda

It is with great pleasure and a sense of pride that I present to you the latest issue of JPM EH & RI Cuttack's bulletin - Arunimaa, which means the reddish glow of the pre-dawn hour. Established over 3 decades ago, this Institute stands as a symbol of pride for the Rotary club of Cuttack and the Rotary movement as a whole. Carefully nurtured over the years by members, it has grown into a trusted name in eye care, renowned for delivering high quality service. Our dedicated consultants and para medical staffs have consistently provided exceptional care, service not only to the under privileged and marginalized but also the elite, making a meaningful impact across all sections of society.

From a modest beginnings, we have grown and continue to thrive amidst intense competition from ophthalmic care institutions that have emerged across the length and breadth of our state today. We have made a lasting impact on the regional eye care through our specialised clinics like Retina, Glaucoma, Cornea, Occuloplasty, Paediatric & Community Ophthalmology. Our service includes advanced vitreo-retinal surgeries, glaucoma procedures, keratoplasty, refractive surgeries and Paediatric surgeries including congenital cataracts & squints, and all types of Occuloplasty procedures including orbitotomy, lid surgeries, cosmetic prosthesis and also botox therapy for therapeutic and cosmetic purposes. Additionally we offer facilities for culture and sensitivity testing of both bacterial and fungal infections as well as comprehensive blood tests related to ophthalmic practice including Diabetic, Renal, Lipid and Hematologic profiles. Since 1995, we have been training ophthalmologist from India and abroad in Microsurgery, IOL implantation and manual small incision cataract surgery. Additionally since 1997 we have been training Ophthalmic Clinical Assistant. We are the first institution in the State to be recognized as a Post Graduate Teaching Center by the DNB Board. Our consultants have received high appreciation for their papers presented at State, National, International ophthalmology conferences. They regularly publish in renowned indexed and peer-reviewed journals such as Indian Journal of Ophthalmology, Delhi Journal of ophthalmology, Clinical and Experimental Ophthalmology. Additionally they have chaired important sessions and received awards for best paper presentation.

Screening camps are regularly held in rural areas and patients requiring surgical interventions are brought to the Base Hospital for surgery. Our institution actively engaged in research projects in collaboration with Nonascope Therapeutics, USA, and pharmaceutical sponsors. Through our collaboration with Sightsavers, we have implemented impactful Community Outreach Programmes, including RAHI for Eye screening of Truck Drivers and Helpers in Paradeep, Keonjhar, Anmol Drusti for Auto Drivers at Jajpur and Amrita Drusti for Urban Slum areas of Cuttack & Bhubaneswar. These initiatives have screened 4015 of Truck Drivers and Helpers, 1523 Auto Drivers and under Amrita Drusti programme we screened 4572 patients and performed 1891 surgeries.

We have gone one step further by opening a New Satellite Hospital at Taliha, Jajpur which has since become partly functional, shall soon be fully operational and aims to lead vision-care in the state.

President

Activities Report of JPM Rotary Club of Cuttack Eye Hospital & Research Institute, Cuttack



Dr. Santosh Kumar Mahapatra

Chief Medical Officer
JPM Rotary Club of Cuttack
Eye Hospital & Research Institute

I feel privileged to be a part of this esteemed Institute which is the first Eye Hospital of Odisha. JPM has become a brand name because of high quality of Eye Care and personalized service it renders at very nominal charges. At present the Hospital has 120 beds of different categories and we have left an impact by examining more than 17 lakhs out patients and performing more than 3.00 lakhs surgeries till date with an average 250 Plus OPD patients everyday which included 48198 paying OPD and 5636 paying Surgeries in 2024 till date that speak volumes about the organization and its dedication.

We run subspecialty clinics like Retina, Glaucoma, Cornea, Oculoplasty, Paediatric and Community Ophthalmology.

Retina Clinic provides both medical and advanced Vitreo-Retinal Surgical facilities headed by me. This year, we have examined 11,248 patients and performed 1518 OCT, 702 Bscans, 376 FFA, 641 VR Surgeries, 243 Lasers and 489 Intra Vitreal Injections. Under the ROP Screening programme we have screened 276 Premature Babies, done laser in 26 eyes, given Intra Vitreal Avastin Injections in 19 eyes.

Glaucoma Clinic is headed by Dr. Madhusmita Behera as the Chief Consultant. We have examined 2619 patients 67 performed Glaucoma Surgeries 349 lasers, 442 HVF and 303 CCTS and 151 OCTS this year.

Cornea Clinic has fully functional Eye collection and tissue processing unit with laminar flow system and specular microscope. We have a 24-hour functioning team attending Eye donation call. We have examined 9076 patients and performed 16 Nos of Keratoplasty during last year. Dr. Kshirabdhii Tanaya Sahoo is now managing Cornea Clinic.

Paediatric Ophthalmology Clinic is headed by Dr Shweta Dhiman, where all types of Paediatric Surgeries including congenital cataract and squint. We have examined 2109 patients and performed 42 Paediatric Cataracts, 11 of squint and 104 other surgeries during this year.

Oculoplasty Clinic is headed by Dr. Kasturi Mohapatra. All type of Oculoplasty procedures including Orbitotomy, Lid Surgeries and cosmetic prosthesis is being performed by her. We also provide Botox

therapy for therapeutic and cosmetic purposes. Endo Nasal DCR Procedure is now being done Dr. Himanshu Mishra, our Visiting ENT Consultant.

Community Ophthalmology service is headed by Dr. Smruti Ranjan Dethi. We hold screening camps in rural areas regularly and select patients for operations and transport them to the Base Hospital for Cataract Surgery. This year 427 Eye camps have been conducted, 24474 patients were checked up and 3725 Cataract Patients under went Free Cataract Surgery

Our microbiology laboratory is headed by Dr. Sasmita Khatua and fully functional now with facilities for culture and sensitivity test of both bacterial and fungal infections and we also perform all blood tests related to ophthalmic practice including Diabetic, Renal, Lipid and Hematologic profile. We also conduct RAPID Antigen test approved by Govt. of Odisha.

Since 1997 the Hospital has started training of Ophthalmic Clinical Assistants. The course is for two years and includes theory classes and practical training in all aspects of Eye care. We have presently 55 OCAs, who have become the life line for patient care in our Institute.

Ophthalmologists from India and abroad are being trained in Microsurgery and IOL implantation and Manual Small Incision Cataract Surgery and other sub-specialities like Medical Retina, Glaucoma & Paediatric Ophthalmology recognized under NPCB, Govt. India since 1995. Till now we have trained 300 ophthalmologists including 72 in ECCE, 133 in SICS, 67 in Phacoemulsification, 9 in Glaucoma, 16 in VR diseases and 03 in Paediatric Ophthalmology. This list includes 9 International fellows from places like Poland, Nigeria, Philippines and Italy.

We have also become a recognized training centre for ROP by Government of Odisha last year and we have trained 6 Ophthalmologists for ROP Screening till now.

Our Institute is the first in the State to be recognized as a Post Graduate Teaching Center by DNB Board in the year 2005. We have got accreditation for the 4th term in 2017 for to take 06 DNB candidates each year. Twenty-eight (28) candidates have completed this course with highest level of Ophthalmic Clinical and Surgical Skill from our Institute. At present we have 07 DNB Candidates perusing Post Graduate Study at our Institute.

We completed the research on " Long term follow up of Intravitreal use of Adeno Associated Virus Multi-Characteristics Opsin in the Retinitis Pigmentosa" in collaboration with Nonascope Therapeutics, USA, which is 1st of its kind in the world. We have completed Alkem study on "Ranibizumab Biosimilar in AMD" and IQVIA study on Aflibercept versus Biosimilar study on neovascular AMD.

This year we have published 11 papers in different indexed and peer reviewed Journals of National & International Repute like Indian Journal of Ophthalmology, Delhi Journal of Ophthalmology, Clinical and Experimental of Ophthalmology etc.

In collaboration with Sightsavers we have conducted different Community Out Reach Programmes like RAAHI for Eye screening of Truck Drivers and Helpers at Paradeep, Netra Basanta for Rural areas at Jajpur and Amrita Drusti for Urban Slum areas of Cuttack & Bhubaneswar where we have screened 2895 of Trucker Drivers and Helpers at Paradeep in RAAHI Programme, 4572 and performed surgeries 536 under Amrita Drusti and Netra Basanta we performed 425 cataract surgeries.

The Clinical Establishment Registration of our Satellite Hospital at Taliha, Jajpur has been completed along with resumption of operation theatre. Thanks to Bagchi Family for their donation. We are conducting OPD and regular camps around the hospital and patients are transferred to the base hospital for surgery. Till now we have seen 1527 patients and operated 625 nos of patients.

At present we have vision centres at Paradeep in collaboration with AMNS Ports Paradip Limited, JPM Rotary Aradhana Vision Centre, Bhubaneswar with kind gesture of Late Raghunandan Padhi and his family, and Puri Vision in collaboration with Rotary Club of Puri.

We have procured quite a good number of advance ophthalmic instrument & equipments in 2024.

Instruments & Equipments

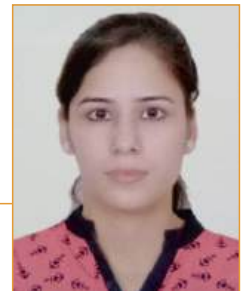
1. Hand held Auto Kerato & Refractometer - 2 nos.
2. Video Endoscopy - 01
3. Horizontal Autoclave - 01
4. Phaco Machine Centurian Silver - 01
5. Auto Refractometer - 01 for Taliha and 01 for Paradeep V.C.
6. N.L.T. - 01 no
7. New DG Set - 01 no

We have completed our State of the Arts modular OT complex with 6 OTs covering 9765 sqft. With stainless steel wall, PC flooring, laminar air flow with HEPA Filter system with activities control for temperature and humidity. I can proudly announce that our OT complex is one of the best OT complexes in the state and can be comparable with any ophthalmic O.T. Complex at national level. The best thing about this year was preliminary NABH accreditation and I congratulate doctors and staff for the same and urge them to maintain the standards at optimum level to get the final accreditation and beyond.

With the active interest and participation of Rotarians, Donors, Doctors, employees and support of National and International NGOs, State and Central Government this Institution is going to achieve all success and fulfill the goal of combating avoidable blindness in the Community. Hoping for another successful year in patient care and service to the poor.

CHALLENGES OF BEING A PEDIATRIC OPHTHALMOLOGIST IN ODISHA

Dr. Shweta Dhiman



Pediatric ophthalmology in Odisha faces several challenges, primarily from a lack of awareness and accessibility to appropriate eye care services. As a pediatric ophthalmologist working in this region, it becomes clear that there are deep-rooted barriers to optimal eye care for children, which often go unnoticed or untreated due to socio-economic and cultural factors.

One of the most pressing issues is the widespread lack of awareness about low vision in children. Many parents fail to recognize the early signs of vision impairment in their children, and by the time the condition is detected, it is often too late to prevent further deterioration. Early detection and intervention are key in managing low vision, but the absence of educational initiatives that target rural communities limits the ability to address this issue proactively.

In addition, strabismus (misalignment of the eyes) is another area where misconceptions and neglect prevail. It is often dismissed as a cosmetic problem, and there are prevailing myths that children will "outgrow" the condition. This belief prevents timely and essential intervention. The societal tendency to consider squinting as a "blessing from God" also discourages families from seeking professional treatment. Such attitudes can delay the child's access to corrective measures that would otherwise improve their quality of life and long-term vision.

The importance of prescribing glasses for children is also overlooked in many cases. Glasses can drastically improve vision, and yet parents often wait until the child's visual impairment becomes more pronounced before considering them. The lack of understanding regarding the significance of early eye care can result in lifelong visual impairments that could have been avoided.

Moreover, pediatric cataract surgery in Odisha is further complicated by financial constraints. While surgery can restore vision in children, many families are unable to afford the ideal lenses, leading to suboptimal outcomes. The high cost of quality intraocular lenses means that many children end up with less effective lenses that can hinder their development and quality of life. This economic barrier prevents children from receiving the best possible treatment, often relegating them to a future of visual challenges that could have been prevented.

Access to specialized eye care services in Odisha is also limited. In rural areas, the lack of proper infrastructure, medical facilities, and trained professionals exacerbates the situation. Many families must travel long distances to reach an ophthalmologist, and even when they do, there are limited resources and support available for managing pediatric cases. The affordability of these services remains a major concern, especially for low-income families who are unable to pay for surgeries, post-operative care, and follow-up treatments.

The situation is compounded by a shortage of pediatric ophthalmologists, which results in delays in diagnosis and treatment. Pediatric eye surgery is a highly specialized field that requires extensive training and expertise. Children's eyes are still developing, making them more complex to treat than adult eyes. As a result, pediatric ophthalmologists, who undergo years of additional training to handle the unique needs of young patients, are the best-equipped professionals to provide optimal care for children's eye conditions. However, despite the specialized care required, there is often a lack of awareness among parents about the importance of consulting pediatric ophthalmologists for their children's eye issues. Many parents, unaware of the complexity involved, tend to take their children to general ophthalmologists. While these doctors are skilled, they are not specifically trained in the nuances of pediatric eye care. A critical aspect of pediatric eye care is the management of conditions like amblyopia (lazy eye) and visual axis opacification, which may not be properly treated if the surgery is done by someone who isn't specifically trained in pediatric ophthalmology. A child undergoing cataract surgery, for instance, requires more than just the procedure itself. Post-operative care involves careful management of refractive errors, alignment issues, and the long-term treatment of amblyopia. Simply performing the surgery and prescribing corrective lenses is not enough to ensure the best outcome.

In conclusion, being a pediatric ophthalmologist in Odisha comes with unique challenges that go beyond the medical aspects of treatment. Socio-economic barriers, lack of awareness, and inadequate access to services all contribute to the difficulties of delivering optimal eye care for children. Addressing these issues requires collaboration between healthcare providers, policymakers, and communities to ensure that every child has the opportunity for a healthy, bright future, free from the limitations of untreated vision impairments.

ENHANCING QUALITY IN EYE HOSPITAL THROUGH NABH ACCREDITATION

Mr. Marianus Lakra



Introduction to Quality

Perceptions of poor quality of eye health care may, in fact, dissuade patients from using available service because health issues are among the most salient of human concerns. Ensuring quality of the services will result in improved patient/client level outcomes at the facility level.

Technical Quality : Service providers (Doctors, Nurses & Paramedical Staff) are more concerned and has 3 bearing on outcome or end result of service delivered

Service Quality : Pertains to those aspects of facility based care and services ,which patients are often more concerned and has bearing on patient satisfaction

Sub-Components of Quality in Eye Hospital

Technical Quality:

- Clinical Protocol
- Infection Control
- Emergency Response
- Patient safety protocol

Service Quality:

- Prompt service delivery
- Courteous behaviour of staff
- Hygiene & Cleanliness
- Privacy & Dignity

WHO Defines Quality of Healthcare Services in Following Six Subsets:

- a. Patient -Centered - Delivering health care , which takes into account preferences and aspirations of the service users and is in congruent with their cultures . it implies that patient are accorded dignified and courteous behavior, Their reasonable belief, practices and rights are respected.

- b. Equitable - Delivering health care which does not vary in quality because of personal characteristics such as gender, caste socioeconomic status, religion, ethnicity or geographical location.
- c. Accessible - Delivering health care that is timely, geographically reasonable and provided in a setting where skills and resources are appropriate to the medical need.
- d. Effective - Delivering health care that is based on the needs and is in compliance to available evidence. Therefore, observance of treatment guidelines and protocols is important for ensuring the quality of care. The delivered health care results into the improved health outcomes for the individuals in particular and community in general.
- e. Safe - Delivering health care which minimizes risks and harm to the users.
- f. Efficient - Delivering health care in a manner which maximizes productivity out of the deployed resources.

PATIENT REQUIREMENT - Although patients are deeply concerned how good clinical care is, but very often, they themselves are not able to judge the clinical aspects of the care. Patients are mostly concerned about the issues, other than clinical guidelines & protocols.

EXPECTATIONS OF PATIENTS

CURE

- Clean and inviting atmosphere
- Courteous Behaviors
- Personalized Approach
- Psychological Wellbeing

CURE

- Correct, Speedy, Low cost & Lasting treatment.
- Emergency Response
- No new diseases
- No harmful procedure / Complication

User's experience of health care in a facility whether personal or shared, have a major impact in their decision seeking the services at a particular facility. People do not wish to go to a facility where they receive rude treatment,

HEALTH CARE PROVIDERS - Who provide healthcare services / tend to equate quality of care with technical performance. Often for health care providers, the desired outcomes are related to successful treatment of patients with reduction of morbidity, mortality and disability limitation. For example, doctor's

expectation of quality services is that investigation reports are available on time .drugs are available in dispensary and patients are getting cured timely.

GOVERNMENT/ADMINISTRATOR DEFINITION -An administrator perceives quality in terms of optimal and rational utilization of resources, maximum satisfactory by the user of health facility .delivery of all components under the health programs, compliance to treatment guidelines and clinical protocols .

National Accreditation Board for Hospitals & Healthcare Providers is a constituent board of the quality Council of India established to operate an accreditation program for health care organizations.

NABH sets the bench mark for quality and patient safety in hospital across India These standards ensure that healthcare institutions provide High -quality care and continually improve their services, enhancing patient outcomes and operational efficiency.

NABH Standards elevate the overall quality of healthcare services, Adhering to these guidelines ensures better patient outcomes, increased operational efficiency and higher trust among patients.

RECENT ADVANCEMENTS AND UPDATES IN NABH STANDARD FOR EYE HOSPITALS

Latest Changes in NABH Standards - NABH regularly updates its standards to keep up with the evolving landscape of healthcare .Recent updates Include new guidelines on patient safety protocols .Advance infection control measures and enhanced clinical governance.

Technology integration and Innovation- Cutting edge technology is transforming ophthalmology. Innovations such as Artificial intelligence (AI) and Electronic Medical Records (EMR) improves diagnostic accuracy and enhance patient outcomes.

Future Trends In NABH Accreditation - Future trends indicate a greater emphases on personalized medicine 2nd precision treatment plans , integrating robust data analytics tools to monitor patient outcomes continuously.

Strategic Planning for Future Compliance - Strategic planning is essential for maintaining compliance with ever -changing accreditation standards .This involves regular internal audits, developing comprehensive action plans and staff training programs aligned with updated guidelines ,

.BH Standards are crucial for maintaining high quality care in eye hospitals. These standards prioritize patient safety and healthcare quality ensuring continuous quality improvement.

Taking the Next Steps - To start journey towards NABH Accreditation with experienced Consultants, Compliance with these standards enhances operational efficiency and positions your institution as a leader in high quality Ophthalmic Care.

Encouragement to aim for High Standards- Achieving and maintaining high standards should be an ongoing commitment .Accredited eye hospitals set bench marks in clinical excellence and health care delivery continuously striving for improvement.

Fine! Thoughts - The future of eye care lies in adhering to stringent NABH Standards ensuring patients receive the best possible treatment and services .Strategic planning and adapting for evolving standards will keep your institution at the forefront of medical advancements and patient satisfaction.

By embracing these guidelines and continuously improving your practices, you ensure sustainable excellence in eye care services .



JPM ROTARY CLUB OF CUTTACK EYE HOSPITAL & RESEARCH INSTITUTE, CUTTACK

Mrs. Beena Parija



The comprehensive eye care services of JPM Rotary Eye Hospital & Research Institute in Cuttack was established on 14th January 1992 with the support of Sight Savers International, Govt. of Orissa, Govt. of India, WHO and many other benevolent donors. The motto for which it was established was to bring poor, needy patients suffering from Cataract for operation and restoration of sight in a safe Hospital environment and drop them back in their respective villages without any financial burden to the individual. Throughout the last 32 years, JPM has grown from a small eye unit to a large volume treatment centre, which provides high quality eye care services at an affordable cost to a huge population in eastern Odisha.

It was started with One Ophthalmologist and 15 support staff. During the year 1994, Government of Orissa supported this Hospital by deputing one Ophthalmologist to this Institute. Now there are 162 staff including Seven Ophthalmologists, six Post Graduates and three Fellows.

Hospital is managed by Rotary Club of Cuttack Charitable Trust under Rotary Club of Cuttack and there are five projects namely JPM Rotary Club of Cuttack Eye Hospital & Research Institute, Geriatric Centre inaugurated on 23rd April 2001, Rotary Play School on 17th February 2002 on the day of Saraswati Puja, Senior Citizens Home Shraddha and Sadhana inaugurated on 31st August 2003 and Rotary Dialysis Centre on 22nd June 2021.

Now Hospital has one Satellite Hospital namely JPM Rotary Adikanda Panda Memorial Eye Hospital, Taliha, Jajpur inaugurated on June 2021 and four Vision Centres. Vision Centre at Paradeep started on January 2020, Vision Centre at Puri started on October 2021, and Vision Centre at Sailashree Vihar, Bhubaneswar was inaugurated on 10th November 2023.

AWORD OF GRATITUDE

JPM Rotary Eye Hospital & Research Institute thanks these generous donors who have helped us to strengthen our work.

- | | | |
|-------------------|-------------------------|-----------------------------------|
| ▪ World Bank | ▪ Sightsavers | ▪ Help Age India |
| ▪ Govt. of India | ▪ ORBIS International | ▪ Rotarian & Non Rotarian Donors. |
| ▪ Govt. of Orissa | ▪ Municipal Corporation | |

“RAAHI” NATIONAL TRUCKERS EYE HEALTH PROGRAMME

Mr. Soumitree R.Swain



“RAAHI is a flagship programme of Sightsavers. I am very proud to present the RAAHI Project in Odisha as a Co-Ordinator of JPM , which marks 5 years journey of Sightsavers, Choramandalam and JPM partnership in serving truckers across the country. Over the years, Sightsavers, Choramandalam and JPM have together contributed greatly towards providing eye care services to the trucking community in Odisha. The RAAHI Programme has made a significant impact in the lives of the truck drivers and has played a critical role in addressing problems like eye health and road safety.

There are about 9 million truck drivers on Indian roads bringing us everything we need, to our homes. We were shocked to discover, of the 9 million truck drivers, 50% had vision problems. In 2017, we started the RAAHI initiative to bring eye care to the truckers,

“RAAHI is a Choramandalam CSR Flagship Programme and we have been a part of this initiative for 5 years now. We intend to continue to work with Sightsavers in the scale up and expansion of the programme. As the RAAHI Programme continues to scale up, the original mission of the Programme should be continued to be retained and providing good quality services to the trucking population and to the beneficiaries in large.



ଆମ ଜେ.ପି.ଏମ୍. ପ୍ରଚାର ଗାଡ଼ି

ଜୀବନର ବାସ୍ତବତା

ଅମୂଲ୍ୟ ସାହୁ



ଦିନ ବିତିଲେ ସଞ୍ଜ ପହଞ୍ଚେ
ଅନ୍ଧାର ଆସେ ମାଡ଼ି,
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ସମୟ ଯାଏ ଗଡ଼ି ।
ବହିଲା ପାଣି ମାରିଲା ମାଡ଼
ଧନୁରୁ ତୀର ଯେବେ,
ଖସିଲେ ଥରେ ତୁଣ୍ଡରୁ କଥା
ଆସେନା ଫେରି କେବେ ।
ସେଇଥିପାଇଁ ଅଜିର କାମ
ଅଜି କରଇ ଯିଏ,
ସରଳ ଆଉ ବିନୟ ଭାବେ
ସଭିକୁ କଥା କହେ ।
ଜୀବନେ ସିଏ ହୁଏନି କେବେ
ବିଫଳ କେଉଁ କାମେ,
ହେଲାରେ ହୁଏ କାର୍ଯ୍ୟ ବିନାଶ
ଯଶ ନଥାଏ ନାମେ ।



ଶିବାନୀ ପରିଡ଼ା



ଗାଁ ଗାଁ ବୁଲେ ଜେ.କି.ଏମ୍. ପ୍ରଚାର ଗାଡ଼ି
ଆଖିରେ ଆଖିଏ ସପନ ଦେଖି,
ମନହେଲା ଭାରି ଯିବି ଜେ.ପି.ଏମ୍. ଚକ୍ଷୁ ଡାକ୍ତରଖାନା
କରିବି ନିଜର ଚକ୍ଷୁ ସୁରକ୍ଷା ।
ହୃଦୟ ଭିତରେ ବିକେକ ପଟାରେ କରୁ କାହିଁ ମତିଭ୍ରମ
ଚଳନ୍ତି ଦେବତା ସଙ୍ଗେ ଦେବୀ ମାତା,
ଯା' ତୁହି ଚକ୍ଷୁ ଡାକ୍ତରଖାନା ଯା' ତୁହି ଡାକ୍ତରଖାନା
ମନଗଲା ଛୁଇଁ ପାରିଲିନି ରହି ।
ଚାଲିଗଲି ମୁହିଁ ଜେ.ପି.ଏମ୍. ରୋଗୀର ଚକ୍ଷୁ ଡାକ୍ତରଖାନା
ପିତାମାତା ଭଳି ସ୍ନେହ ଦେଲେ ବୋଲି
ବୁଝିପାରିଲିନି ମର୍ମ ।
କିଭଳି ଡାକିବି ସମ୍ବୋଧନ ଦେବି
ମଉସା, ମାଉସୀ ଶବ୍ଦ ! ମଉସା ମାଉସୀ ଶବ୍ଦ
ପାଦକଳି ସ୍ପର୍ଶ ମାଗିଲେ ଆଶିଷ ଝରିପଡ଼େ ଆଶୀର୍ବାଦ
ବୟସର ଛାପ ପାଉନାହିଁ ମାପ ନିଃସଙ୍ଗେ ଛାଡ଼ିନି ଦାଗ
ନୁହେଁ ତ ମନ୍ଦିର ପବିତ୍ର ଡାକ୍ତର ନୁହେଁ ତ ସିଏ ଲିଶ୍ୱର
ଅଭେଦ ଏଭଳି ସଙ୍ଗ
ଆଖିକୁ ଦିଶେନାହିଁ ସିନା ଭଲ କୋଳେଇ ନିଅନ୍ତି ପିଲା
ମା, ମାଉସୀ ଡାକି, ମା' ମାଉସୀ ଡାକି
ଭଲରେ ବୁଝାଇ କହନ୍ତି ଔଷଧ ଖାଇବା ଲାଗି
ଗାଁ ଗାଁ ବୁଲେ ଜେ.ପି.ଏମ୍. ଗାଡ଼ି
ଗାଁ ଗାଁ ବୁଲେ ଜେ.ପି.ଏମ୍. ପ୍ରଚାର ଗାଡ଼ି ।



ସାକ୍ଷାତ୍ ଭଗବାନଙ୍କ ଦର୍ଶନ

ଶୁଭମ୍ ସାହୁ



ଏ ମାସ ତଳର କଥା । ଏହା ଏକ ଗଛ ନୁହେଁ କି ମନଗଢ଼ା କଥା ନୁହେଁ । ଏହା ଏକ ସତ୍ୟ ଦାର୍ଶନିକ କଥା । ସେଦିନ ଥିଲା ଜୁନ୍ ୧୦ (ସୋମବାର) । ଆମ (Satellite Hospital); ଯାଜପୁର ଡଳିହାର ଅପରେସନ୍ ଥିଏଟରର ଉଦ୍ଘାଟନ ସମାରୋହ ରାମବାଗସ୍ଥିତ JPM Rotary Adikanda Panda Memorial Eye Hospital ରେ ଆୟୋଜିତ ହୋଇଥାଏ । ୨୦୦ରୁ ଅଧିକ ଲୋକ ଓ ଅଙ୍ଗନଘାଡ଼ି ସହାୟକ କାର୍ଯ୍ୟକ୍ରମରେ ଯୋଗଦେଇ ଉଦ୍ଘାଟନ ସମାରୋହକୁ ଉପଭୋଗ କରୁଥିଲେ । ମୁଖ୍ୟ ଅତିଥି ଶ୍ରୀଯୁକ୍ତ ସୁବ୍ରତୋ ବାଗଚୀ ଓ ଶ୍ରୀମତୀ ସୁସ୍ମିତା ବାଗଚୀ ଉପସ୍ଥିତ ଥିଲେ । ସେଦିନ ଉଦ୍ଘାଟନ ସମାରୋହରେ ୧୦ ଜଣଙ୍କ ଆଖି ଅପରେସନ୍ ହେବାର ଆୟୋଜନ ହୋଇଥିଲା । ଏତେ ବ୍ୟସ୍ତ ବହୁଳତା ଭିତରେ ସମସ୍ତେ ନିଜ ନିଜ କାମରେ ବ୍ୟସ୍ତ ଥିଲେ । ମୋର ନଜର ଆସିଥିଲା ଏକ ବୃଦ୍ଧଙ୍କ ଉପରେ ଯାହାଙ୍କର ୧ ନଂ ସିରିୟଲରେ ଥିଲା । ଦେଖିବାକୁ ଗଲେ ମତେ ପ୍ରଥମେ ଲାଗିଲା କି ସାକ୍ଷାତ ମହାଦେବ ପବିତ୍ର ଉଦ୍ଘାଟନ ଉତ୍ସବରେ ଯୋଗଦେଇ ସମସ୍ତଙ୍କୁ ଆଶୀର୍ବାଦ କରୁଛନ୍ତି । ସେଦିନ ସେ ବୃଦ୍ଧା ଜଣଙ୍କର ସାଧାରଣ ଲୋକଙ୍କ ଭଳି ବେଶ ନଥିଲା, ଥିଲା ସାକ୍ଷାତ ମହାଦେବଙ୍କ ପରି ।

ଦେହରେ ଗେରୁଆ ବସ୍ତ୍ର, ମୁଣ୍ଡରେ ଜଟା, ହାତରେ ତାଳପତ୍ର ତିଆରି ଛତା, ବାଡ଼ି ଓ ପାଦରେ କଠଉ । କଥାଟି ସମସ୍ତଙ୍କୁ ବିଶ୍ୱାସ ନ ଲାଗିପାରେ ହେଲେ ମୋର ଅନୁଭବ ଯେ କୌଣସି ଶୁଭ କାମ ହେଉନା କାହିଁକି ସାକ୍ଷାତ୍ ଭଗବାନଙ୍କ ଉପସ୍ଥିତି ସୁନିଶ୍ଚିତ ଥାଏ । ସେଦିନ ଆଉ ଏକ ଦୃଶ୍ୟ ଅତ୍ୟନ୍ତ ପ୍ରିୟ ଲାଗିଥିଲା । ସୁବ୍ରତୋ ବାଗଚୀ ସାର୍ବଜନ ବାହାରିବା ବେଳେ ତାଙ୍କ ନଜର ବି ସେଇ ବୃଦ୍ଧାଙ୍କ ଉପରେ ଆସିଥିଲା । ସେ ତାଙ୍କ ପତ୍ନୀଙ୍କ ସହ କିଛି ସମୟ ସେଠାରେ Godଙ୍କ ବିଷୟରେ ଇଂରାଜୀରେ ଆଲୋଚନା କରିଥିଲେ ଏବଂ ସେ ବୃଦ୍ଧାଙ୍କ ଫଟୋ ମଧ୍ୟ ତାଙ୍କ ମୋବାଇଲରେ ଉଠାଇଥିଲେ ।

ସେଦିନର କଥା ମୁଁ କେବଳ ମୋ ମା'ଙ୍କ ସହ ଆଲୋଚନା କରିଥିଲି ଆଜି ସୁଯୋଗ ପାଇଲି ଆମ ମାଗାଜିନ୍ 'ଅରୁଣିମା'ରେ ବାହାର କରିବା ପାଇଁ । ଗୋଟିଏ କଥା କହିବାକୁ ପାଇଲି ଯେ କୌଣସି ଶୁଭ କାମ ହେଉନା କାହିଁକି ଭଗବାନଙ୍କ ଉପସ୍ଥିତି ସବୁବେଳେ ଆମ ସହ ଥାଏ । କୌଣସି ନା କୌଣସି ରୂପରେ ସେ ଆମକୁ ଦର୍ଶନ ଦେଇଥାନ୍ତି । ମା' କଟକ ଚଣ୍ଡୀ ସମସ୍ତଙ୍କର ଜୀବନ୍ତ ଯାତ୍ରା ମଙ୍ଗଳ ଓ ସଫଳ କରନ୍ତୁ ।

ଜୟ ଜଗନ୍ନାଥ ।

ପ୍ରୋଜେକ୍ଟ କୋ-ଅର୍ଡିନେଟର ଆକାଉଣ୍ଟାଣ୍ଟ

ଶିକ୍ଷକ ସମାଜ

ଗୀତାରାଣୀ ପଣ୍ଡା



କିଏ ବା ବୁଝିବ ଶିକ୍ଷକର ମନ,
ଶିକ୍ଷାପାଇଁ ଉତ୍ସର୍ଗ ଯାହାର ଜୀବନ,
ତାହାର ମହାନ ଦାନ ବଳରେ ମିଳେ ତାଙ୍କୁ ସ୍ୱଚ୍ଛ ବେତନ
କିଏ ବା ବୁଝିବ ଶିକ୍ଷକର ମନ.... ।
କେବେ ସେ ଜୋକର କେବେ ସେ ଫକୀର
କେବେ ପୁଣି ଯାଯାବର,
ଶିକ୍ଷାଦାନ ପାଇଁ ବୁଲୁଛି ଆଜି ସେ ବାରଦୁଆର
କେବେ ସେ କାନ୍ଦୁଛି କେବେ ସେ ହସ୍ତୁଛି.... ।
ହେଲେ ଶିକ୍ଷାଦାନରୁ ନିଏ ନାହିଁ
କେବେ ସେ ବିରତି,
ନିଜ ପରିବାରରୁ ବି ଅଧିକ ସମୟ
ଯିଏ ଛାତ୍ରଛାତ୍ରୀଙ୍କୁ ଦେଉଛି ।
ଆଜି ଏ ସମାଜ ତା'ର କର୍ତ୍ତବ୍ୟନିଷ୍ଠା ଉପରେ
ପ୍ରଶ୍ନବାଚୀ ସୃଷ୍ଟି କରିଛି ।
ଆଗରେ ସାର୍ ପଛରେ ସାର୍
ମାଷ୍ଟର ମାଷ୍ଟର ବୋଲି ଶୁଣୁଛି,
ଶିକ୍ଷକ ଆଜି ସମ୍ମାନ ଖୋଜି ବୁଲୁଛି ।



“ମା’ଙ୍କ ଅଫିସ୍”

ରାଜଲକ୍ଷ୍ମୀ ମହାନ୍ତି



ଆମ ହାଣ୍ଡିଶାଳ ଭାରି ସୁନ୍ଦର
ମା’ଙ୍କର ସେ ତ ଅଫିସ୍ ଘର ।
ମାଆଙ୍କ ଡିଉଟି ତିନ ସିଫଟି,
ନାହିଁ ରବିବାର ନାହିଁ ତ ଛୁଟି । ୧ ।
ମାଆ ସବୁବେଳେ ଅତ୍ୟନ୍ତ ବିଜି,
କାମ ଲାଗେ ତାଙ୍କୁ ବହୁତ ଜଜି ।
ତାଙ୍କ ନାଲିପେନ୍ ଅଟେ ଖଡ଼ିକା,
କଳାପେନ୍ ତାଙ୍କ ଡକ୍ଟିଟି ଏକା । ୨ ।
ଫାଇଲ୍ ତାଙ୍କର ହାଣ୍ଡି କଡ଼େଇ,
ଚୌକି ତାଙ୍କର ପିଢ଼ା ଚଟେଇ ।
ଭାଇ ଭଉଣୀ ଓ ବାପା ଆମର
ଆସେ ସବୁ ଡେଲି ଷାଫ୍ ତାଙ୍କର । ୩ ।
ତାଙ୍କ ଅଫିସ୍ରେ ଅଡ଼ିର୍ ନାହିଁ,
କାହାର କିଛି ତ କମ୍ପ୍ଲେନ୍ ନାହିଁ ।
ଯେଉଁଦିନ ମା’ ନିଅନ୍ତି ଛୁଟି
ଆମର ସେଦିନ ଓଢ଼ର ଡିଉଟି । ୪ ।
ଶୁଖିଯାଏ ପେଟ ଶୁଖାଇ ପାଟି
କଷ୍ଟଲାଗେ କାମ ବିଷଇ ପିଠି ।
ସେଇ ମା ପାଦେ କୋଟି ପ୍ରଣାମ
ତାଙ୍କ ସେବାକରି ହୁଏ ମୁଁ ଧନ୍ୟ । ୫ ।



ବାପା ହେବାଟା ସହଜ ନୁହେଁ

ସୁଭାଶିଷ ଦାଶ



କେବେ ପାହାଡ଼ ପରି ଜମିବାକୁ ହୁଏ,
କେବେ ମହମ ପରି ତରଳିବାକୁ ହୁଏ,

ବାପା ହେବାଟା ଏତେ ବି ସହଜ ନୁହେଁ ।

ଜୀବନର ବାଟ ଦେଖାଉ ଦେଖାଉ
ନିଜଜ ଆଖି ଜ୍ୟୋତି ହାରିବାକୁ ହୁଏ,

ବାପା ହେବାଟା ଏତେ ବି ସହଜ ନୁହେଁ ।

କାହା ଆଖି ସ୍ୱପ୍ନ ସାଉଁରୁ ସାଉଁରୁ
କେହି ଜଣେ ନିଜ ସ୍ୱପ୍ନ ବୁଣିଦିଏ,

ବାପା ହେବାଟା ଏତେ ବି ସହଜ ନୁହେଁ ।

ଆଉ କାହା ଖୁସି କିଣ୍ଟକିଣ୍ଟ ସିଏ
ନିଜେ ଖର୍ଚ୍ଚ ହୋଇଯାଏ,

ବାପା ହେବାଟା ଏତେ ବି ସହଜ ନୁହେଁ ।

ଜୀବନ ଯୁଦ୍ଧରେ ଅନ୍ୟକୁ ଜିଣି
କେହି ଜଣେ କେବେ ନଜେ ହାରିଯାଏ,

ବାପା ହେବାଟା ଏତେ ବି ସହଜ ନୁହେଁ ।



ସାହସୀ ହୁଅ ବିଶ୍ୱବାସୀ

ବିବେକାନନ୍ଦ ଦଳେଇ

ଶିବିର ସଂଗଠକ



ହାରିବନି କେବେ ଜୀବନ ପଥରେ ଥରେ ଅଧେ ଝୁଣ୍ଟିଗଲେ,
ଭାବିବନି କେବେ ଏଇ ତ ଜୀବନ ସରିଯାଏ ଝୁଣ୍ଟିବାରେ । ୧ ।

କେତେ ଝଡ଼ ଆସେ କେତେ ମୋଡ଼ ଆସେ ତଥାପି କଅଁଳେ ପତ୍ର,
ରାସ୍ତା ଭାବି କେବେ କ୍ଳାନ୍ତି ହୋଇବନି ଏଇତ ଦୁନିଆ ଚିତ୍ର । ୨ ।

ନିତି ସକାଳରେ ସୁରୁଜ ଉଠିଲେ ଦେଖିବ ଅଭୁଳା ରୂପ,
ଆକାଶ ସୁନ୍ଦର ଗଢ଼ିଛି ବିଧାତା ଚିତ୍ରପଟର ଛାପ । ୩ ।

ମନ ସଦା କେବେ ଦୁଃଖ କରିବନି ଉଦାସ ହେବନି ତିଳେ,
ଅଛି କେତେ ଛବି ଅଭୁଳା ସୁଖମା ଏ ଜଗତେ ମହାତଳେ । ୪ ।

ଅଛନ୍ତି ଧରାରେ କେତେ ଯେ ସାହସୀ ବୀର ଗରୀୟାନ ପୁରୁଷ,
ମୃତ୍ୟୁ ସହିତ ଲଢ଼ି ଲଢ଼ି ଶେଷେ ଦିଅନ୍ତି ଜୀବନେ ଝାସ । ୫ ।

ପଡ଼ିଉଠି ଚାଲେ ଶିଶୁଟିଏ ସମ ଏଇତ ଜୀବନ ସତ୍ୟ,
ଦୁର୍ବଳ ନୁହେଁ ସବଳ ମନରେ ଜୀବନକୁ କର ସ୍ୱାଗତ । ୬ ।



Mission of Hope: JPM Rotary Eye Hospital

Ms. Priya Dey



Nestled in Cuttack's vibrant sector Six
A heaven of care, where dreams are fixed.
JPM Rotary, a beacon of light,
Restoring vision, making futures bright.

In CDA's embrace, it stands so tall,
Answering every hopeful call.
Where healing hands and hearts combine,
To transform lives, one eye at a time.

A research haven, a pioneer's flame
With dedication, it's earned its name.
Exploring paths to newer ways
To gift the blind their brightest days.

Patients arrive from near and far,
Guided hereby this shining star
With gentle touch and expertise,
Their lives are changed; their pain released.

Oh, JPM, your noble goal.
Reflects the kindness of every soul.
A Rotary Spirit, strong and true,
Turning compassion into what you do.

For every sight you bring to life
You end despair, you conquer strife
A heartfelt salute to this institute
For work so pure, and so resolute.

May your legacy grow, your vision soar
Touching hearts forever more.
A gift of light, a gift of care
JPM Rotary - a hope is there.

THE HEART OF HEALING

Deepak Behera



In Cuttack's heart, where visions restored
JPM Rotary stands, its name adored.
A beacon of hope, where Sight is reborn
From January's dawn to the new day's morn.

With hands that heal, and hearts that care
Each patient finds comfort, peace and repair
In every ward, in every room,
Light replaces shadow and darkness is doomed.

From CDA's streets to Jajpur' lanes,
The trust grows strong, it never wanes
A legacy built, brick by brick
In Paradeep's vision Centre, the mission's thick.

And I, Deepak, with humble grace
A part of this journey, a cherished place.
From Pharmacy's start, to office's role
The Hospital's strength has made me whole.

January's gift, a birthday so dear,
Each year, we celebrate, year after year.
Through ups and downs, I have stood in ground.
In the heart of the Hospital, where hope is found.

Blessed to belong, to serve, to see,
The Hospital's light shines endlessly.
For in its halls, with each new day
A world of vision is paved and hope finds its way.



WE CARE FOR BETTER VISION OF YOUR EYES

TRUST, TECHNOLOGY BASED, BEST EYE CARE FOR ALL

A few of many reason why patients depend on JPM Rotary Club of Cuttack Eye Hospital & Research Institute

- ➔ Over 30 years of experience, dedicated & highly trained Ophthalmologist and support staff
- ➔ 75 % surgeries done free of cost
- ➔ Fully equipped and modern operation theatre
- ➔ Super speciality clinics for all specialities
- ➔ Advanced, painless and high quality treatment for cataract
- ➔ In house optical, Pharmacy with 24 hours Ocular Trauma care services
- ➔ Examined more than 21,00,000 patients
- ➔ Performed 2,78,656 eye surgeries
- ➔ Trained 300+ Ophthalmologists
- ➔ 270+ Paramedicals

Speciality Clinics

Micro Incision Cataract surgery & Foldable IOLs
Advanced Vitreous Surgery, Leaser & Anti VEGFs
Glaucoma Diagnosis & Management
Cornea Services & Eye Banking



Community Ophthalmology
Oculoplasty
Paediatric Ophthalmology & Squint
Diabetic Retinopathy & ROP Screening

Please contact

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email : jpm@jpmrotary.org, Website: www.jpmrotary.org

Satellite Hospital : JPM Rotary Adikanda Panda Memorial Eye Hospital, Taliha, Jajpur
Vision Centres : JPM Aradhana VC Bhubaneswar, RC Puri JPM VC, AMNS Ports Paradip VC